PATIENT INSTRUCTIONS

FAECAL PANCREATIC ELASTASE

Elastase is secreted from the pancreas into the intestines. It exits unchanged into the faeces, from where it can be tested. The purpose of the test is to determine the reasons for hepatic issues and diagnose acute and chronic pancreatitis as well as cystic fibrosis.

Collection of the specimen

1. Collect a faecal specimen in toilet paper or a clean container, such as a disposable plate. Urine must not be mixed with faeces. A specimen collected from the toilet bowl may not be used.
2. Immediately use the collection spoon attached to the lid of the collection container and place a minimum of one tablespoonful of the specimen into the container. The volume of the specimen must not be more than half of the container volume. Close the lid carefully. A watery sample may result in a false reduced result.
3. Write your name, date of birth and specimen collection date on the label and affix it to the container.
4. Bring the container to the laboratory as soon as possible after collecting the specimen, no later than the following morning. The specimen must be stored in a cool place, such as the refrigerator.

Additional information: +358 10 380 3800 (switchboard)