

HOW TO SEND SECURE EMAIL TO AAVA MEDICAL CENTRE

1. Go to <https://turvaposti.aava.fi>. Change to english from the top right corner of the page.
2. Put in your email address into the "From" box. Press the continue button.
3. Fill in the address of the recipient (firstname.surname@aava.fi).
4. Write your message and attach any necessary documents or pictures. Press send and the recipient will receive the encrypted message to his/her email.

If you want to save a message sent or received via secure email, save it to your own computer in txt, html or zip format. The information will remain in the security mail for 30 days only.